



RYDES HILL

PREPARATORY SCHOOL & NURSERY

STAY AND PLAY MENU: W/C 7th January

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	INSET	Chicken burger	Cumberland sausage, mash & crudités	French stick pizza slice & wedges	Sandwich selection and crudités
	INSET	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit
	INSET	Water or Squash	Water or Squash	Water or Squash	Water or Squash
3.30	INSET	Winter Berry Sponge	Beetroot Brownie	Strawberry & Choc Chip Cookie	Lemon shortbread
	INSET	Squash	Squash	Squash	Squash



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STAY AND PLAY MENU: W/C 14th January

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Homemade Turkey Nuggets & Baked Beans	Chicken Sausages & Mash Potato	Pasta with Tomato and Basil Sauce	Chicken Pesto Bake	Selection of Sandwiches with Tortilla Chips
	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit
	Water or Squash	Water or Squash	Water or Squash	Water or Squash	Water or Squash
3.30	Super Food Cupcake	Fruit Flapjack	Fruit Cookie	Fruitcake	Gingerbread
	Squash	Squash	Squash	Squash	Squash



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STAY AND PLAY MENU: W/C 21st January

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Turkey Fingers	Ham & Cheese Pita Pockets	Pizza Margherita	Chicken Kebab	Sandwich Selection and Crudités
	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit
	Water or Squash	Water or Squash	Water or Squash	Water or Squash	Water or Squash
3.30	Fruit Flapjack	Lemon & Poppy seed Muffins	Blueberry Sponge Fingers	Apricot Cookie	Date Slice
	Squash	Squash	Squash	Squash	Squash



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STAY AND PLAY MENU: W/C 28th January

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Pork & Apple Sausage Rolls	Chicken Burger	Cumberland Sausage, Mash & Crudités	French Stick Pizza Slice & Wedges	Sandwich Selection and Crudités
	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit
	Water or Squash	Water or Squash	Water or Squash	Water or Squash	Water or Squash
3.30	Banana Cookie	Winter Berry Sponge	Beetroot Brownie	Strawberry & Choc Chip Cookie	Lemon Shortbread
	Squash	Squash	Squash	Squash	Squash



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PREPARATORY SCHOOL & NURSERY

STAY AND PLAY MENU: W/C 4th February

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Homemade Turkey Nuggets & Baked Beans	Chicken Sausages & Mash Potato	Pasta with Tomato and Basil Sauce	Chicken Pesto Bake	Selection of Sandwiches with Tortilla Chips
	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit
	Water or Squash	Water or Squash	Water or Squash	Water or Squash	Water or Squash
3.30	Super Food Cupcake	Fruit Flapjack	Fruit Cookie	Fruitcake	Gingerbread
	Squash	Squash	Squash	Squash	Squash



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PREPARATORY SCHOOL & NURSERY

STAY AND PLAY MENU: W/C 11th February

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Turkey Fingers	Ham & Cheese Pita Pockets	Pizza Margherita	Chicken Kebab	Sandwich Selection and Crudités
	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit	A Selection of Yoghurts, Jelly and Fruit
	Water or Squash	Water or Squash	Water or Squash	Water or Squash	Water or Squash
3.30	Fruit Flapjack	Lemon & Poppy seed Muffins	Blueberry Sponge Fingers	Apricot Cookie	Date Slice
	Squash	Squash	Squash	Squash	Squash