



STAY AND PLAY MENU: W/C 5th NOVEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Pork & Apple Sausage Rolls	Chicken Burgers	Jacket Potato with BBQ Beans	Meatballs and Rice	A Selection of Sandwiches
	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit
	Water or Squash	Water or Squash	Water or Squash	Water or Squash	Water or Squash
3.30	Banana Cookies	Winter Berry Sponge	Beetroot Brownie	Strawberry and Choc Chip Cookies	Lemon Shortbread
	Squash	Squash	Squash	Squash	Squash



RYDES HILL

PREPARATORY SCHOOL & NURSERY

STAY AND PLAY MENU: W/C 12th NOVEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Turkey Nuggets and Beans	Chicken Sausages and Mash	Pasta with Tomato Sauce	Chicken Pesto Bake	A Selection of Sandwiches
	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit
	Water or Squash	Water or Squash	Water or Squash	Water or Squash	Water or Squash
3.30	Super Food Cupcakes	Fruit Flapjack	Fruit Cookies	Fruitcake	Gingerbread
	Squash	Squash	Squash	Squash	Squash



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Turkey Fingers	Ham & Cheese Pita Pockets	Pizza Margherita	Chicken Kebabs	A Selection of Sandwiches
	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit
	Water or squash	Water or squash	Water or squash	Water or squash	Water or squash
3.30	Fruit Flapjack	Lemon & Poppy Seed Muffins	Blueberry Sponge Fingers	Apricot Cookies	Date Slice
	Squash	Squash	Squash	Squash	Squash



STAY AND PLAY MENU: W/C 26th NOVEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Pork & Apple Sausage Rolls	Chicken Burgers	Jacket Potato with BBQ Beans	Meatballs and Rice	A Selection of Sandwiches
	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit
	Water or Squash	Water or Squash	Water or Squash	Water or Squash	Water or Squash
3.30	Banana Cookies	Winter Berry Sponge	Beetroot Brownie	Strawberry and Choc Chip Cookies	Lemon Shortbread
	Squash	Squash	Squash	Squash	Squash



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Turkey Nuggets and Beans	Chicken Sausages and Mash	Pasta with Tomato Sauce	Chicken Pesto Bake	A Selection of Sandwiches
	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit
	Water or Squash	Water or Squash	Water or Squash	Water or Squash	Water or Squash
3.30	Super Food Cupcakes	Fruit Flapjack	Fruit Cookies	Fruitcake	Gingerbread
	Squash	Squash	Squash	Squash	Squash



RYDES HILL

PREPARATORY SCHOOL & NURSERY

STAY AND PLAY MENU: W/C 10th DECEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4.45	Turkey Fingers	Ham & Cheese Pita Pockets	Pizza Margherita	Chicken Kebabs	
	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	A Selection of Yoghurts, Jelly & Fruit	
	Water or squash	Water or squash	Water or squash	Water or squash	
3.30	Fruit Flapjack	Lemon & Poppy Seed Muffins	Blueberry Sponge Fingers	Apricot Cookies	
	Squash	Squash	Squash	Squash	