



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------|----------------|-----------------------|------------------------------|----------------|----------------------------|
| AFTERNOON SNACK 3:45PM | FRUIT COOKIE | LEMON CAKE | FRUIT CUPS | POPCORN | CHEESE AND CRACKERS |
| LIGHT SUPPER 4:30PM | PIZZA ROLL | PASTA TOMATO SAUCE | TUNA AND RED PEPPER MELTS | SAUSAGE ROLL | SANDWICH SELECTION |
| ON THE SIDE | CUCUMBER | CHEESE | SALAD | CUCUMBER | CHIPS AND CARROT STICKS |
| LIGHT PUDDING | JELLY OR FRUIT | JELLY OR FRUIT | JELLY OR FRUIT | JELLY OR FRUIT | JELLY OR FRUIT |



RYDES HILL

PREPARATORY SCHOOL & NURSERY

STAY AND PLAY : W/C 10th OCT

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------|------------------|-----------------------------|-------------------------|----------------------------|----------------|
| AFTERNOON SNACK 3:45PM | CHEESE STRAWS | JAM SPONGE | BROWNIE | PUFF PASTRY JAM WHEELS | FRUIT CUPS |
| LIGHT SUPPER 4:30PM | CHEESE CROISSANT | TUNA AND RED PEPPER MELT | CHEESE AND HAM WRAPS | PASTA BOWL | CHICKEN BURGER |
| ON THE SIDE | CRUDITES | CHEESE AND BEANS | CUCUMBER | CHEESE AND TOMATO SAUCE | CUCUMBER |
| LIGHT PUDDING | JELLY OR FRUIT | JELLY OR FRUIT | JELLY OR FRUIT | JELLY OR FRUIT | JELLY OR FRUIT |



RYDES HILL

PREPARATORY SCHOOL & NURSERY

STAY AND PLAY : W/C 17th OCT

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------------------|-----------------|----------------|------------------------|-------------------------|-----------------------|
| AFTERNOON SNACK 3:45PM | FRUIT SELECTION | CUPCAKES | CHEESE AND CRACKERS | TEA CAKES | POPCORN |
| LIGHT SUPPER 4:30PM | PIZZA ROLLS | CHICKEN KEBAB | HOTDOGS | TURKEY PITTA POCKETS | SANDWICH SELECTION |
| ON THE SIDE | SALAD | PITTA BREAD | CUCUMBER | BEANS | CRISPS AND CUCMBER |
| LIGHT PUDDING | JELLY OR FRUIT | JELLY OR FRUIT | JELLY OR FRUIT | JELLY OR FRUIT | JELLY OR FRUIT |