

# Week 1 Menu Summer 2026



**RYDES HILL**  
PRE-PREP & NURSERY SCHOOL

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CLASSIC</b>	Portuguese style chicken breast	Burger Bar beef or chicken served in a toasted bun with house sauce and salad	Breaded Katsu chicken with a sweet curry sauce	Roast leg of pork with apple sauce and pan gravy	Breaded fish fingers with tomato ketchup
<b>NOURISH</b>	Halloumi and flat mushroom stack	Spiced bean burger in a toasted bun	Katsu tofu with aubergine	Roast red pepper and feta cheese frittata	Plum tomato and mozzarella puff pastry tart
<b>ON THE SIDE</b>	Creamy mashed potato, Rainbow slaw, roast peppers and Courgettes	Hand cut sweet potato wedges, Broccoli, Sweetcorn	Stir fry vegetables, Fragrant rice	Mini roast potatoes, Carrots, Green beans	Chipped potatoes, Garden peas, Baked beans
<b>JACKET POTATO</b>	Freshly baked jacket potato with beans, cheese & daily special filling				
<b>DESSERT</b>	Chocolate Beetroot brownie	Greek yoghurt, Jelly, Fruit	Summer berry crumble and custard	Greek yoghurt, Jelly, Fruit	Sultana flapjack
<b>EVERY DAY</b>	Little pots of vegetable crudité's, fresh wholemeal bread & fruit				

**MORNING SNACK** Cheese & crackers  **AFTERNOON SNACK** Fresh sliced fruit  **STAY & PLAY** Sweet or savoury snack

<b>SUPPER</b>	Tomato, ham & Sweetcorn pasta	Ham & cheese panini pizza	Toasted chicken & sweetcorn sandwiches	Sweet potato, carrot & butterbean soup with toast fingers	Hot cheddar cheese & Red onion wraps
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Served with crudité's, fresh fruit, sweet treat

Please note, this menu may be subject to change. All children will be served the main meal.

Exceptions will be made for children with allergies, intolerances, religious or cultural requirements, or for those with particularly strong food aversions.

# Week 2 Menu Summer 2026



**RYDES HILL**  
PRE-PREP & NURSERY SCHOOL

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CLASSIC</b>	Macaroni cheese bake	Creamy chicken korma with naan fingers	Beef bao buns with an asian slaw	Chicken shawarma wrap	Breaded fish with tomato ketchup
<b>NOURISH</b>	Roasted vegetable and tomato pasta	Lentil dahl	Vegetable bao buns	Soy tofu shawarma wrap	Squash, lentil and herb "sausage roll"
<b>ON THE SIDE</b>	Garlic bread, sweetcorn, broccoli	Rice, Sugar snap peas, roasted cauliflower	Egg noodles, Chinese vegetables	Cous Cous, sauté courgettes, carrots	Chipped potatoes, baked beans, garden peas
<b>JACKET POTATO</b>	Freshly baked jacket potato with beans, cheese & daily special filling				
<b>DESSERT</b>	Ginger cookies	Greek yoghurt, Jelly, Fruit	Strawberry cheesecake	Greek yoghurt, Jelly, Fruit	Ice cream with toppings
<b>EVERY DAY</b>	Little pots of vegetable crudité's, fresh wholemeal bread & fruit				
<b>MORNING SNACK</b> Savoury 🧀 <b>AFTERNOON SNACK</b> Fresh sliced fruit 🍇 <b>STAY &amp; PLAY</b> Sweet or savoury snack					
<b>SUPPER</b>	Toasted cheese & ham sandwiches	Melted cheese and roasted onion English muffin	Jacket potato with baked beans & cheese	Tomato, sweetcorn & ham pasta	Hot mozzarella & tomato wrap
Served with crudité's, fresh fruit, sweet treat					

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# Week 3 Menu Summer 2026



**RYDES HILL**  
PRE-PREP & NURSERY SCHOOL

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CLASSIC</b>	Cottage pie with gravy	Wholemeal pitta bread filled with stir fry chicken with onions	Chilli beef nachos with guacamole and sour cream	Butcher choice sausage with sticky onions and pan gravy	Breaded fish finger with tomato
<b>NOURISH</b>	Vegetable turnover with roasted new potatoes	Vegan mince stir fry	Chilli black bean nachos	Grilled vegan sausages with peppers and onions	Vegan stuffed potato skin with a cool salsa
<b>ON THE SIDE</b>	Carrots and Peas	Cous Cous, green beans, herby roasted vegetables	Rice, sticky roasted vegetables, Sweetcorn	Mashed potato, broccoli, carrots	Chipped potatoes, baked beans, garden peas
<b>JACKET POTATO</b>	Freshly baked jacket potato with beans, cheese & daily special filling				
<b>DESSERT</b>	Rocky Road flapjack	Greek yoghurt, Jelly, Fruit	Banoffee pie	Greek yoghurt, Jelly, Fruit	Rice krispy cake
<b>EVERY DAY</b>	Little pots of vegetable crudité's, fresh wholemeal bread & fruit				

**MORNING SNACK** Savoury 🧀 **AFTERNOON SNACK** Fresh sliced fruit 🍇 **STAY & PLAY** Sweet or savoury snack

<b>SUPPER</b>	Hot ham & cheese panini	Fajita chicken wraps	Baked beans & wholemeal toast	Sweet potato, carrot & cannelloni bean soup	Ham & tomato pasta with mixed salad
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Served with crudité's, fresh fruit, sweet treat

Please note, this menu may be subject to change.

All children will be served the main meal. Exceptions will be made for children with allergies, intolerances, religious or cultural requirements, or for those with particularly strong food aversions.