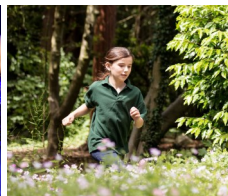




RYDES HILL

PREPARATORY SCHOOL & NURSERY

NEWSLETTER: Fri 4th February 2022



Dear Parents

SENIOR SCHOOLS FAIR

Thank you to all the parents who attended the Senior Schools Fair this Tuesday. The event seemed to be very successful, with a real buzz in the room! Nine schools visited and the feedback from them was that they enjoyed meeting Rydes Hill parents and giving them more information about their schools. This is an event that we hope to run every two years, for parents in LP, MP and HP, to give parents an insight into the options available to them.

COVID UPDATE

We appear to have ridden the COVID wave and come out the other side! Our case numbers this week have dropped dramatically, with just one new case over the weekend as opposed to 30 the previous weekend. Currently there are no children in the School who have tested positive. Please continue to be vigilant and test your child if they have any symptoms. Previous advice was that if you have tested positive, you should not test again for 90 days. However, we have an increasing number of children who tested positive in December and again in January. If your child has symptoms, please do test them.

THINKING DAY

Tuesday 22nd February is Thinking Day. We invite any members of the girl guiding or scouting organisations (rainbows, beavers, cubs, girl guides, scouts) to wear their uniforms to School that day.

CHILDREN'S MENTAL HEALTH WEEK

Next week is Children's Mental Health Week. Children will be learning about this in class, as well as in their mindfulness sessions on Wednesday. Parents may find some useful resources here <https://www.childrensmentalhealthweek.org.uk/parents-and-carers/>

ELSA SUPPORT

This term we are very pleased that Mrs Jo West has begun working as an Emotional Literacy Support Assistant. Mrs West, who is a qualified teacher, spent last term receiving her training and she has now begun 1:1 sessions with children in School. ELSAs receive special training from educational psychologists to support the emotional development of children and young people in school. They have regular professional supervision from educational psychologists to help them in their work.

ELSAs help children and young people to learn to understand their emotions and respect the feelings of those around them. They provide the time and space for pupil to think about their personal circumstances and how they manage them.

Most ELSA programmes will last for 6 to 12 weeks, helping the pupil to learn some specific new skills or coping strategies. Clear programme aims (SMART targets) need to be set up early on and each session has an objective – something the ELSA wants to help the pupil understand or achieve.

If you think that this is something that your child would benefit from, please speak to Mrs Wood, Mrs Rowson or Mrs Norville.

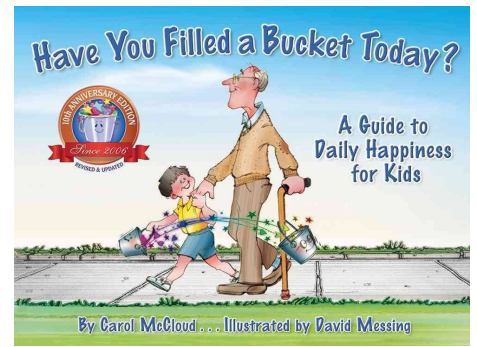
WORLD BOOK DAY

World Book Day is on Thursday 5th March. We have lots of exciting things planned in School. Children will **not** be dressing up as a book character. Instead they are invited to wear a hat to School that either reflects a book character or gives a clue to the title of a book. They need to wear their uniform as usual. Book hats are entirely optional!



WELL-BEING WEDNESDAY

This week we have revisited previous breathing techniques and the children shared when they have used the techniques independently throughout the past couple of weeks. We have learnt a new breathing exercise called Petal/ Flower Breathing. The children imagined their fingers were the petals of the flower opening and closing slowly, softly and gently whilst inhaling and exhaling. The feedback from the children has been wonderful. After mindful breathing the children have stated that they feel calm, relaxed, free, lovely, happy, special, energetic, loved, peaceful, joyful, tired and many more!



We started our theme of Kindness by reading a story called “Have you Filled a Bucket Today?” which is a heart warming story that encourages positive behaviour by using the concept of an invisible bucket to show the children how easy and rewarding it is to express kindness, appreciation and love by filling invisible buckets throughout each day. Why not ask your child about this story we shared and how you have you filled your own bucket today?

A child in Lower Transition said to us all, “A small kind word can make a BIG difference.” That really made my day and definitely filled both of our buckets! Thank you!

Mrs Jennifer Smillie



NOUS AIMONS LES CREPES!

Middle Prep have been learning vocabulary relating to “la cuisine” (the kitchen) in their French lessons this term. This week, they learnt how to say the French words for the utensils, ingredients and instructions needed to make “les crêpes”. The girls were then able to follow the recipe in French and Chef Dan very kindly cooked our crêpes for us. Merci, Chef Dan et bon appetit!



Silver Awards this week

YEAR GROUP	EXCELLENT WORK	EXCELLENT CONDUCT
Nursery	Nefeli K	Adam A
Kindergarten	Sebastian W	Clara N
Lower Trans	Isabella M	Tia A
Upper Trans	Avie M	George H
Lower Prep	Thea K	Tito B
Middle Prep	Emily B	Astrid K
Higher Prep	Maria R	Alicia H
Form One	Kara B	Isabella D

Diary dates for next week

Mon 7th Feb	IAPS Netball Qualifiers at Cranleigh.
Mon 7th Feb	Platinum Jubilee Lunch.
Thurs 10th Feb 7pm	Online Safety Training for Parents.
Fri 11th Feb 8:30am	Coffee Morning for Lower and Upper Trans parents.

House Points for this week

CAMPION	GERALD	PATRICIA	PETER
112	75	70	98

Happy Birthday!

5th February	Kiana A
7th February	Luna H

Special Awards this week

RE Award: Emily B (MP) for her explanation of why we follow Jesus.

Forest School Award: Wilf M and Esme H (KG) for their Flying Dragons.

Science Award: Lucinda F (HP) for explaining the difference between boiling and evaporation.

Ballet Award: Megan D (LT) for outstanding work in every lesson.

Computing Award: Shayna A (LP) for her excellent typing skills.

Music Award: Kiana A (UT) for always trying hard in all lessons and for contributing so enthusiastically.

Drama Award: Clara N (KG) for her amazing alien. Extremely creative.

French Award: Kiana A (UT) for enthusiastic participation in lessons as well as care for pupils working at a slower pace.

PE Award: ZiHao Z (LT) for his enthusiasm and always wanting to challenge himself.

Special Award: Mehvish Y (MP) for being so organised, attentive and engaged when online learning.

Special Award: Sophie S (LT) for being so brave when she fell over.



Click here to view this week's 'The Wednesday Word':

<https://www.paperturn-view.com/uk/wednesday-word/happiness?pid=MTA101634&v=40.3>



You can win bonus donations up to £50 for Rydes Hill every day during February in #easyfundraising's new Spin to Win giveaway.

It's completely free to enter, for your chance to win simply visit:

https://www.easyfundraising.org.uk/spin-to-win?utm_campaign=raise-



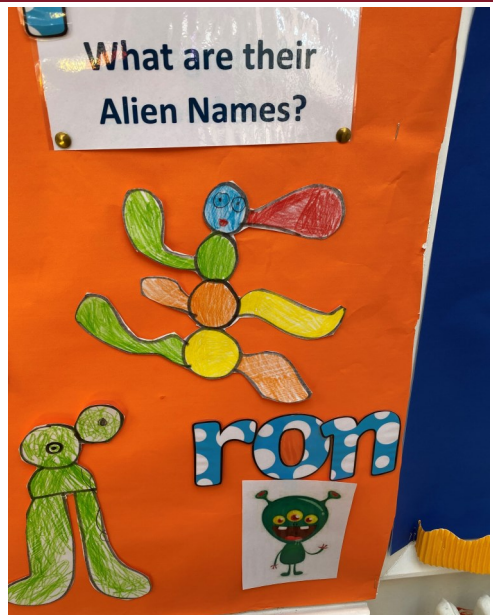
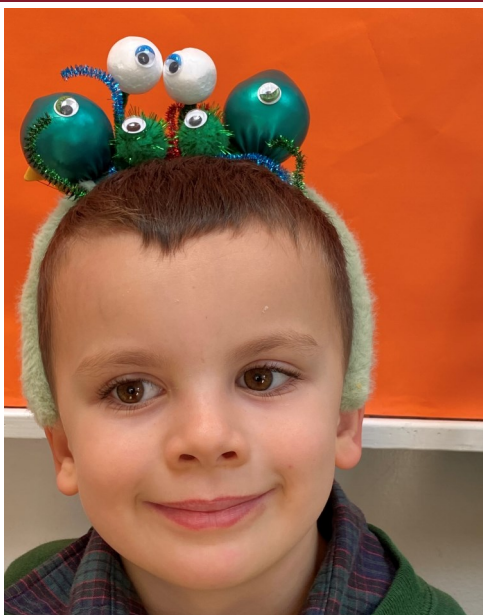
Kindergarten enjoying Chinese New Year



Playtime Fun



Kindergarten's aliens in Drama



Middle Preparatory with the cast of Bugsy Malone



Senior Schools Fair at Rydes Hill

