



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	All our soups are homemade served with fresh bread (Gluten Free available upon request)				
MAIN	Italian Style Chicken	Honey Glazed Roast Gammon	Cottage Pie	Turkey Schnitzel	Crispy Battered Fish & Lemon, Tartare Sauce
MAIN VEGETARIAN	Butternut Risotto	Roasted Vegetable Loaf	Vegetarian Cottage Pie	Spicy Quorn Balls	Macaroni Cheese
DAN'S DELIGHT	Ask Chef Dan for today's special also jacket potatoes and pasta available daily				
ON THE SIDE	Spaghetti, Italian Roasted Vegetables	Roast Potatoes, Carrots and Cabbage	Peas & Sweetcorn	Potato Wedges Green Beans Cauliflower Cheese	Crusted New Potato & Mushy Peas & Carrots
SOMETHING SWEET	Lemon Sponge	Pear & Cinnamon Crumble & Custard	Homemade Trifle Pots	Apple Strudel & Cream	Fruity Flapjack
DESSERT POTS	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	All our soups are homemade served with fresh bread (Gluten Free available upon request)				
MAIN	Winter Chicken Casserole	Homemade Meat Feast Pizza	Roast Turkey, Cranberry Sauce and Seasoning	Spaghetti Bolognese	Home Made Fish Cake
MAIN VEGETARIAN	Winter Vegetable Casserole	Homemade Vegetable Pizza	Whole Roasted Marrow	Penne Napolitano	Roast Vegetables & Feta Tart
DAN'S DELIGHT	Ask Chef Dan for today's special also jacket potatoes and pasta available daily				
ON THE SIDE	Whole Wheat Rice, Broccoli & Carotts	New Potatoes, Sweetcorn, Minted Peas	Roast Potatoes, Cabbage & Carrots	Saute Green Beans, Tomato & Onions	Jacket Wedges, Garden Peas, Cauliflower
SOMETHING SWEET	Fruit Cookies	Pineapple Upside Down Cake	Apple Pie & Cream	Eton Mess Cheesecake	Fruit Plait
DESSERT POTS	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	All our soups are homemade served with fresh bread (Gluten Free available upon request)				
MAIN	Beef Lasagne & Garlic Bread	Classic Chicken Pie with Short Crust Pastry	Build Your Own Homemade Burger	Slow Cooked Shoulder of Pork, Apple Sauce & Gravy	Fish Fingers
MAIN VEGETARIAN	Vegetarian Lasagne with Garlic Bread	Cheese & Tomato Quiche	Tomato & Roasted Pasta Bake	Roasted Winter Vegetable Tart	Stuffed Aubergine Topped with Buffalo Mozzarella
DAN'S DELIGHT	Ask Chef Dan for today's special also jacket potatoes and pasta available daily				
ON THE SIDE	Ratatouille & Green Beans	Mashed Potatoes, Broccoli, Cheese, Mashed Swede	Sweet Potato Wedges, Warm Slaw, Roasted Vegetables	Fondant Potatoes, Carrots & Parsnips	Chips, Baked Beans & Peas
SOMETHING SWEET	Pancakes with Winter Berry Compote	Fresh Fruit Salad	Rhubarb Crumble & Custard	Pavlovas	Beetroot & Beans
DESSERT POTS	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots



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MAIN VEGETARIAN	Butternut Risotto	Roasted Vegetable Loaf	Vegetarian Cottage Pie	Spicy Quorn Balls	Macaroni Cheese
DAN'S DELIGHT	Ask Chef Dan for today's special also jacket potatoes and pasta available daily				
ON THE SIDE	Spaghetti, Italian Roasted Vegetables	Roast Potatoes, Carrots and Cabbage	Peas & Sweetcorn	Potato Wedges Green Beans Cauliflower Cheese	Crusted New Potato & Mushy Peas & Carrots
SOMETHING SWEET	Lemon Sponge	Pear & Cinnamon Crumble & Custard	Homemade Trifle Pots	Apple Strudel & Cream	Fruity Flapjack
DESSERT POTS	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots



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MAIN VEGETARIAN	Winter Vegetable Casserole	Homemade Vegetable Pizza	Whole Roasted Marrow	Penne Napolitano	Roast Vegetables & Feta Tart
DAN'S DELIGHT	Ask Chef Dan for today's special also jacket potatoes and pasta available daily				
ON THE SIDE	Whole Wheat Rice, Broccoli & Carotts	New Potatoes, Sweetcorn, Minted Peas	Roast Potatoes, Cabbage & Carrots	Saute Green Beans, Tomato & Onions	Jacket Wedges, Garden Peas, Cauliflower
SOMETHING SWEET	Fruit Cookies	Pineapple Upside Down Cake	Apple Pie & Cream	Eton Mess Cheesecake	Fruit Plait
DESSERT POTS	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots



RYDES HILL

PREPARATORY SCHOOL & NURSERY

LUNCH MENU: W/C 10th DECEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	All our soups are homemade served with fresh bread (Gluten Free available upon request)				
MAIN	Beef Lasagne & Garlic Bread	Classic Chicken Pie with Short Crust Pastry	Build Your Own Homemade Burger	Slow Cooked Shoulder of Pork, Apple Sauce & Gravy	
MAIN VEGETARIAN	Vegetarian Lasagne with Garlic Bread	Cheese & Tomato Quiche	Tomato & Roasted Pasta Bake	Roasted Winter Vegetable Tart	
DAN'S DELIGHT	Ask Chef Dan for today's special also jacket potatoes and pasta available daily				
ON THE SIDE	Ratatouille & Green Beans	Mashed Potatoes, Broccoli, Cheese, Mashed Swede	Sweet Potato Wedges, Warm Slaw, Roasted Vegetables	Fondant Potatoes, Carrots & Parsnips	
SOMETHING SWEET	Pancakes with Winter Berry Compote	Fresh Fruit Salad	Rhubarb Crumble & Custard	Pavlovas	
DESSERT POTS	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	Fresh Fruit, Jelly and Yoghurt Pots	