



# RYDES HILL

PREPARATORY SCHOOL & NURSERY

## BREAKFAST MENU: W/C 25<sup>th</sup> February

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals Or Porridge	Selection of Cereals Or Honey Yoghurt Pot	Selection of Cereals or Honeyed oats	Selection of Cereals Or Granola	Selection of Cereals or Porridge
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice
BREAKFAST SPECIAL	Continental Breakfast	Oven Baked Sausage Scrambled Egg	Baked Beans on Toast	Grilled Bacon Fried Egg	Pancakes & Maple Syrup
	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit



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## BREAKFAST MENU: W/C 4th March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals or Porridge	Selection of Cereals or Banana shake	Selection of Cereals or Porridge	Selection of Cereals or Fruit smoothie	Selection of Cereals or Porridge
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice
BREAKFAST SPECIAL	Filled Croissant	Sausage "Roll" (rolled in eggy bread)	Fried Egg & Baked Beans	Bacon & Scrambled Egg	Cheese Toasties (Vegetable Croc Monsieur)
	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit



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## BREAKFAST MENU: W/C 11<sup>th</sup> March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals or Yoghurt & Honey Pot.	Selection of Cereals or Porridge	Selection of Cereals or Danish	Selection of Cereals or Fruit Pot.	Selection of Cereals or Porridge
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice
BREAKFAST SPECIAL	Bacon & Baked Beans	Ham & Cheese Waffle Stack	Baked Beans on Toast	Sausage & Fried Egg	Pain au Chocolate
	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit



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## BREAKFAST MENU: W/C 18<sup>th</sup> March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals Or Porridge	Selection of Cereals Or Honey Yoghurt Pot	Selection of Cereals or Honeyed oats	Selection of Cereals Or Granola	Selection of Cereals or Porridge
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice
BREAKFAST SPECIAL	Continental Breakfast	Oven Baked Sausage Scrambled Egg	Baked Beans on Toast	Grilled Bacon Fried Egg	Pancakes & Maple Syrup
	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit



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PREPARATORY SCHOOL & NURSERY

## BREAKFAST MENU: W/C 25<sup>th</sup> March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals or Porridge	Selection of Cereals or Banana shake	Selection of Cereals or Porridge	Selection of Cereals or Fruit smoothie	Selection of Cereals or Porridge
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice
BREAKFAST SPECIAL	Filled Croissant	Sausage "Roll" (rolled in eggy bread)	Fried Egg & Baked Beans	Bacon & Scrambled Egg	Cheese Toasties (Vegetable Croc Monsieur)
	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit