



RYDES HILL

PREPARATORY SCHOOL & NURSERY

BREAKFAST MENU: W/C 5TH NOVEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals or Porridge	Selection of Cereals or Honey Yoghurt Pot	Selection of Cereals or Honeyed Oats	Selection of Cereals or Granola	Selection of Cereals or Porridge
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice
BREAKFAST SPECIAL	Oven Baked Sausage & Scrambled Egg	Baked Beans on Toast	Poached Eggs on Toasted English Muffins	Grilled Bacon and Fried Eggs	Sweet Waffles & Maple Syrup
	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit



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BREAKFAST MENU: W/C 12TH NOVEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals or Porridge	Selection of Cereals or Porridge	Selection of Cereals or Banana Shake	Selection of Cereals or Fruit Smoothie	Selection of Cereals or Porridge
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice
BREAKFAST SPECIAL	Scrambled Egg & Baked Beans	Banana Bread & Maple Syrup	Sausage & Grilled Tomato	Baked Omelette	Cheese Toasties (Veggie Croc Monsieur)
	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit



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BREAKFAST MENU: W/C 19TH NOVEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals or Yoghurt & Honey Pot	Selection of Cereals or Porridge	Selection of Cereals or Danish	Selection of Cereals or Fruit Pot	Selection of Cereals or Porridge
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice
BREAKFAST SPECIAL	Hash Browns, Scrambled Egg	Ham & Cheese Waffle Stack	Baked Beans on Toast	Sausage & Fried Egg	Pain au Chocolate
	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit



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BREAKFAST MENU: W/C 26TH NOVEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals or Porridge	Selection of Cereals or Honey Yoghurt Pot	Selection of Cereals or Honeyed Oats	Selection of Cereals or Granola	Selection of Cereals or Porridge
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice
BREAKFAST SPECIAL	Oven Baked Sausage & Scrambled Egg	Baked Beans on Toast	Poached Eggs on Toasted English Muffins	Grilled Bacon and Fried Eggs	Sweet Waffles & Maple Syrup
	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit



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BREAKFAST MENU: W/C 3rd DECEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals or Porridge	Selection of Cereals or Porridge	Selection of Cereals or Banana Shake	Selection of Cereals or Fruit Smoothie	Selection of Cereals or Porridge
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice
BREAKFAST SPECIAL	Scrambled Egg & Baked Beans	Banana Bread & Maple Syrup	Sausage & Grilled Tomato	Baked Omelette	Cheese Toasties (Veggie Croc Monsieur)
	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit



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BREAKFAST MENU: W/C 10th DECEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST DAILY	Selection of Cereals or Yoghurt & Honey Pot	Selection of Cereals or Porridge	Selection of Cereals or Danish	Selection of Cereals or Fruit Pot	
	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	Toast and preserves Fruit juice	
BREAKFAST SPECIAL	Hash Browns, Scrambled Egg	Ham & Cheese Waffle Stack	Baked Beans on Toast	Sausage & Fried Egg	
	Selection of Fruit	Selection of Fruit	Selection of Fruit	Selection of Fruit	